

A CULINARY JOURNEY ACROSS CANADA

REAL CHEFS
REAL PEOPLE
BIGGER FLAVOURS

DISCOVERING A NEW
GENERATION OF
INDO-CANADIAN
CHEFS & ENTREPRENEURS

THE HAPPY HINDU

INDIAN FOOD | CANADIAN STORIES | A BOLDER INDO CANADAA

TORONTO

MONTREAL

QUÉBEC

NOVA SCOTIA

The Happy Hindu explores Canada's vibrant Indo-Canadian food culture by meeting young chefs, restaurateurs and food entrepreneurs who are reimagining tradition, pushing boundaries and creating bold new flavours. From coast to coast, we discover their stories, their communities and what makes their food and businesses unique.



**6 ONE-HOUR
EPISODES**

FOR NETWORK AND
STREAMING TELEVISION
STATIONS



**A CANADA-WIDE
JOURNEY**

FROM BRITISH COLUMBIA
TO NOVA SCOTIA



**FOOD, CULTURE
AND ENTREPRENEURSHIP**

REAL PEOPLE
REAL STORIES
BOLD NEW FLAVOURS

A CHEF DURAN ORIGINAL SERIES

prime video

Roku

apple tv

tubi

Antter
STUDIOS

Chef
Duran

NEXT GEN CHEFS

BOLD NEW STYLES

REAL INGREDIENTS

INSPIRING STORIES

COMMUNITY & CULTURE

FOOD, PEOPLE, PURPOSE

THE JOURNEY

Chef Duran hits the road from Vancouver in a 1978 VW Westfalia, decked out in Happy Hindu colours and Indo hippie style.

City by city, he meets bright young Indo-Canadians changing the Indian food scene across Canada.

SIX-PART MINISERIES

New flavours. Their stories.



THE PEOPLE



Meet the young Indo-Canadians changing the way Canada eats Indian food.

Chef Duran steps into their kitchens to discover the dishes they create and the ideas behind them.

We hear their stories: family roots, big ambitions and the communities they call home.

**CHEFS, RESTAURATEURS &
FOOD ENTREPRENEURS**



THE STOPS



Every city opens a new door.

Duran follows local recommendations into markets, spice shops and neighbourhood food spots, meeting the people who give each place its flavour.

- 01 Vancouver & Surrey, BC
- 02 Edmonton & Calgary
- 03 Regina & Saskatoon
- 04 Montreal & Toronto
- 05 Halifax & Nova Scotia
- 06 PEI & New Brunswick

CITY STREETS. LOCAL SHOPS.
NEW DISCOVERIES.



THE FOOD & THE FARMERS



Vegetarians and meat lovers share the table as Duran explores Indian cooking over an open flame.

Paneer tikka and grilled vegetables meet tandoori chicken and sizzling kebabs at outdoor barbecues across Canada.

On the farm, he meets Indo-Canadian growers and discovers how their work contributes to local food, livelihoods and the ingredients on our plates.

**FROM CANADIAN FIELDS
TO THE GRILL.**



THE CELEBRATIONS



Duran joins the celebrations that bring Indo-Canadian communities together.

From Diwali lights and Punjabi street festivals to wedding feasts, food sits at the heart of the gathering.

He meets the cooks, families and local organisers keeping traditions alive and making them their own in Canada.

DIWALI. STREET FESTIVALS.
WEDDING FEASTS.



THE REACH

A Canadian journey with global appeal.

The Happy Hindu speaks to South Asian communities around the world and to audiences who love food, travel and the stories behind a great meal.

Chef Duran featured on the cover of Indo Canadians Magazine in September 2026.

CANADA. SOUTH ASIAN DIASPORA.
GLOBAL FOOD & TRAVEL AUDIENCES.



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